

Sophia Mundi Newsletter

Term 2 Week 9, 2018

Our vision is to educate individuals who can meet the future out of a sense of inner freedom and purpose.



Dear Parents and Community,
As we approach the longest night of the Winter Solstice, we look forward to the victory of the Sun over darkness as the days thereafter begin to lengthen again.

As a festive outer reflection of our own deep inner experience, we celebrate this turning point on Thursday 21 June with our Winter Spiral Festival. This will be a special day for all students as we sing our familiar songs as each person walks the journey to the centre of the spiral.

The Midwinter Sun is sometimes referred to as 'the light within' which can help us reflect upon our Soul Spiritual journey. In this season of thoughtfulness, when the chilly crisp days draw us 'inside', we are given an opportunity to review our life. Nature calls us to be present to allow our inner experience to speak and be heard. Inner city living challenges us to be vigilant and to stop, reflect and reawaken our soul's endeavours. I look forward to seeing those who can attend the Winter Spiral Festival.

On Friday 22 June, we have our formal parent/ teacher interviews. I encourage all parents and Secondary students to take this opportunity and engage in fruitful conversations.

I wish you all a nourishing break.

Winter warmth,

Fiona

PARENT/ TEACHER INTERVIEW DAY

Friday 22 June 8:30am - 3:30pm

Primary School parents & guardians, please make sure you make a time to meet with your Class Teacher.

Secondary School parents & guardians, please email: admin@sophiamundi.vic.edu.au with "P/T Interviews" in the subject line. In the body of the email please include: your child's full name and class, your preferred interview time/s, and the name of each Teacher you wish to meet.

Next Newsletter deadline: TERM 3 - Wednesday, 11 July.

IMPORTANT DATES: Please see our online website calendar

UPCOMING DATES:

Wed 20 Jun Northern Metropolitan Region Cross Country

Wed 20 Jun Prep Winter Festival & Prep last day Term 2

Thu 21 Jun Winter Spiral & Last student day Term 2 (Cls 1-12)

Fri 22 Jun Primary & Secondary Interview Day, 8:30am

*****STUDENT SCHOOL HOLIDAYS June 22 – July 15*****

Mon 25 Jun Staff Documentation Day

Thu 12 Jul Curriculum Day (All Staff)

Fri 13 Jul Curriculum Day (All Staff)

Mon 16 Jul First Day of Term 3 (Prep-Cls 12)

23-27 Jul Class 6 Camp: Astronomy - Hattah

Sat 28 Jul School Tours, 10am, 11am, 12noon & 1pm

Wed 19 Sep Prep Spring Festival & Prep last day Term 3

Thu 20 Sep Spring Festival & Last student day Term 3 (Cls 1-12)



Class 11 and 12 Eurythmy.

For Class 12 students, it was their last Eurythmy class at Sophia Mundi



FRENCH POETRY RECITAL

Our French poetry recitation with Delphine Laboureau-Ormaney on 12 & 13 June was a great success! Well done to all our students from Cls 3-9. Certificates will be distributed in Term 3.



CLASS 7 CAMP: HORSE RIDING - MURRAY RIVER

Last week the Class 7s and I, packed up the school trailer and set off to Padge and Debbie's property in the Barmah Forest. This camp was primarily spend time with the horses and learn the art taking care and riding them; however the class were also challenged with the planning, preparing and cooking all their own food for the week.

We were fortunate enough that the Barmah fairies and Padge have such a great relationship, as they provided us with magical weather for the week that allowed for misty mornings, brisk sunny days and pure clear skies. The Class 7s showed great enthusiasm and concentration around the horses and took in a lot of life lessons from our cheeky 'bushranger' Padge who showed the class a real passion for horses and even some of his magical horse healing skills.

Padge and Debbie have since contacted me to say how oddly quiet the farm is since the class has left and are eagerly awaiting the next class of Sophia Mundi Bushrangers!

A massive thanks to Padge and Debbie, Class Teacher Christina and the parents for supporting this amazing program.

*Nic Andreatta,
Outdoor Ed Teacher*



It was the best camp ever. The weather was very nice.

On the first day we were matched up with our horses and we rode around the yard. Then on Tuesday, Wednesday and Thursday we went on trail rides for about an hour and half each day. I rode Wellington (Big Wellie). He was a big black horse and was very calm. I miss him already. We learnt how to do horse healing, how to groom the horses and tack them up, and how to trot. Padge and Deb were very helpful, patient and knowledgeable. It would be great to go back again.

Lili Kodoma, Class 7 student.

It is so beautiful here. I am sitting in a stunning gully listening to wondrous bird chirps as a soft cool breeze floats through the trees. Last night we sat in couches in the "living room" which is a rustic tin shed with old drawings and newspaper stuck to the walls. As the fire crackled in the middle, Padge and Deb came in with a guitar and we sang songs until only burning red embers remained in the fire pit. As we got ready for bed millions of stars filled a deep dark sky.

In the morning we left the comfort of our tent and ventured into fresh cold air. Through a heavy mist we could faintly see the sun rising, sending its first colours of dawn into the world. And standing in this almost unexplainable beauty was the most graceful and elegant horse waiting to be ridden.

Sulia Van Seville, Class 7 student.

DR AMANDA COLEBROOK, IB BIOLOGY TEACHER

Dr Amanda Colebrook joined the Sophia Mundi staff this year and loves her role as IB Biology Teacher!

Amanda has four degrees (Graduate Diploma of Education, Bachelor of Science (Hons), Master of Science (Research) and a PhD) and has experienced a fascinating career so far. Prior to her employment at Sophia Mundi, she held positions of leadership and governance for four years.

Amanda's career kicked off at Melbourne University 20 years ago where she initially held the position of Senior Professional Officer before advancing to the role of Research Fellow. During her career at Melbourne University she was involved in teaching as well as research and laboratory management tasks, which provided a strong background in research science work.

"This experience enhances my abilities as a Science Teacher primarily because of the practical career experience I can bring into a classroom. Science is inherently an international study and the implementation of innovative education programmes, such as the IB, blends well with Science and Steiner Education to generate an innovative, active and enriching education," says Amanda, who loves to encourage the development of young minds.

Amanda has two teenage children, Samantha and Timothy. Her husband David is a practising Acupuncturist.





WINTER SPIRAL 2018

Thursday 21 June

Timetable for the Winter Spiral:

9:00 – 9:20am	Class 1
9:20 – 9:50am	Class 2
9:50 – 10:00am	Class 3
10:00 – 10:20am	Class 4
10:20 – 10:40am	Class 5
10:40 – 11:00am	Class 6
11:00 – 11:30am	Class 7
11:30 – 11:50am	Class 8
11:50 – 12:10pm	Class 9 & 10
12:10 – 12:30	Classes 11 & 12

As the Sun reaches its lowest zenith, the light and warmth of the earth are dwindling. The inward turning season of Winter brings an awakening of the creativity, the soul of the Human Being. So the Winter Spiral is a quiet and reverent recognition of the inner light that we carry, when nature all around us is falling away.

A spiral made of branches and foliage will be arranged in a darkened area. Class by class, one by one, the children will walk into the Spiral, light their candles from the central flame and arrange them on the Spiral. Eventually the entire school will have added their light. Parents are invited to see their class carry out this beautiful ritual.

Available parents in the Primary School are asked to sing as their children enter the Spiral. We are having a morning sing along to support parents in learning the winter songs - Monday and Tuesday in the Courtyard from 8.30-8.40am. It would be wonderful if you could join us in the build up to the event.

CLASS SIX - BUSINESS IN ACTION

Class 6 are proud as punch to announce a new **Philanthropic Business Initiative** as part of our current Business Maths Main Lesson. That's a fancy way of saying *we are going to sell things to help others!* Stay tuned as we prepare treats and goodies for sale after school early next week. Rest assured we will keep the s-u-g-a-r to a minimum! All money raised will go to charitable causes and please, keep the business transactions nice and challenging so we can impress you with our mathematical skills. *Jonathan Shaw, Class 6 Teacher*



RIDE SHARE SUPPORT – CLASS 4 STUDENT

Do you live near Warrandyte (or surrounding suburbs) and perhaps interested in ride sharing?

Class 4 Parent, Chui-Lee Yap is hoping to find a family who would be willing to help support getting her daughter, Yun Xin to School!

If you can help, please contact Chui-Lee directly to discuss the possibilities - chuileeyap@yahoo.com

NOTICE OF STUDENT WITHDRAWAL

A reminder that as per the School Fee Policy, carers or parents are required to give one full Term's notice of withdrawal. For any student in Class 6, **two** full Term's notice is required.

If your child is currently in Class 6 and will not be returning to Sophia Mundi in 2019, official notice must be received by no later than the first day of Term 3 (Monday 16 July).

Any notice of withdrawal should be forwarded in writing to the School's Registrar: registrar@sophiamundi.vic.edu.au



MUSHROOM ALERT At this time of year there are lots of fungi growing in nature and around the Convent complex. Please be aware that the 'Death Cap Mushroom' is commonly found under oak trees and up to 40 metres from them. They can be fatal if ingested. It is advised to not touch ANY fungi. As with snakes, it's a "be alert but not alarmed" approach. For further information, please see the Royal Botanical Garden website: www.rbg.vic.gov.au/science/herbarium-and-resources/identification-and-information-services/amanita-phalloides

MICHELLE ZUCCOLO: BAYSIDE ACQUISITIVE ART PRIZE FINALIST

Michelle Zuccolo, IB Visual Art Teacher, is one of 32 finalists in this year's \$19 000 Bayside Acquisitive Art Prize (BAAP), chosen for her portrait of Paralympian and four-time Australian Open Champion, Dylan Alcott.

Dylan is an Australian wheelchair basketballer, wheelchair tennis player, radio host and motivational speaker. He has received the Order of Australia (OAM).

BAAP is an annual painting prize and exhibition that showcases the diversity of contemporary painting practice. Michelle's portrait of Dylan can be seen at the **2018 BAAP exhibition**, Bayside Arts and Cultural Centre, Brighton Town Hall until 8 July 2018.



Sophia Mundi Steiner School **OPEN DAY**

Sunday 11 November 10am - 4pm

We are establishing our Open Day Committee to plan and coordinate this vibrant annual celebration. We encourage class parents and carers to get involved!

Expressions of Interest 2018 Open Day Committee

The Sophia Mundi Steiner School Open Day would not exist without the kind assistance we have received in past years.

Parents and Carers please email:
openday@sophiamundi.vic.edu.au
to confirm your interest by 31 July 2018.

FOR SALE - \$400

15" Bonomelli Allegro Viola Outfit



- good set up.
- in very good condition.
- viola dated '1998'.
- case + German Schwarz Rosin included.
- belongs to an ex-Sophia Mundi student.
- purchased 2nd hand for \$850.00
- 'Cellissimo' store receipt available.

Contact: Mariana 0402 403 016

If you'd like to see and/or purchase the viola, I'd be happy to meet you at Sophia Mundi.

Elemental Living

Traditional East Asian Medicine & Bodywork Clinic

Upcoming Qigong Workshops

Winter Solstice Qigong - Nurture the Inner Fire!
Wednesday June 20th, 10am to 12.30pm

A morning of qigong practice to nurture the *inner fire* and nourish the kidney energy for Solstice and ongoing Winter practice, including a delicious, warming meal. We shall turn inwards following the earth as she too turns inwards, for rest, so the vigour of Spring can come. No previous experience of qigong is necessary for this workshop. \$45 per person Maximum of 6 people.

Self Healing Qigong course - Term 3

Friday July 20th to Friday September 14th inclusive, 10am - 11:30am

This comprehensive 9 week course is taught in an intimate group environment, with reverence and laughter. You will learn a dynamic and deeply healing form of qigong for ongoing self practice at home with theory to deepen your understanding. \$250 full, \$220 conc.

Both events are held at the Elemental Living Clinic, Alphington

Individual sessions available in:

Traditional East Asian Medicine, Shiatsu and Relaxation Massage.

**For bookings and information please call
Lisa - 0401 167 223**