



SOPHIA
MUNDI

Steiner Education and IB World School



Cottage Playgroup

Sophia Mundi Steiner School
An inspirational education

*Something worthwhile to
imitate, touch, explore.*

How to enrol:

- It is important that families attend a School Tour prior to enrolling in playgroup. Tour dates and information is available on the School website.
- Contact the School or the Cottage Playgroup administrator (playgroup@sophiamundi.vic.edu.au) for availability of places and to request an enrolment form.
- Enrolment forms are also available from the School website and from School Reception.
- Complete an enrolment form and return it, along with the application fee.
- The application fee is \$35.
- Cottage Playgroups are held Monday, Wednesday and Friday mornings for two hours. Families choose a session to attend once a week. Sessions run from 9.15am – 11.20am.
- Playgroups are held in the Cottage at Sophia Mundi Steiner School, Abbotsford Convent, 1 St Heliers Abbotsford.
- Playgroup fees are \$270 per Term including GST. Fees must be paid before the start of each Term.
- Parents and carers attending Playgroup with thier children are required to have a valid Working With Children Check (WWCC).

Our programs are based on the educational philosophy of Rudolf Steiner.

- Honouring each phase of early childhood.
- Allowing development to take its natural course.
- Seeing imitation rather than direct instruction as the effective way to learn during early childhood.
- Seeing play as the child's natural and appropriate form of expression.
- Giving attention to healthy physical development as the main focus in the early years.
- Fostering healthy development of the senses: particularly senses of touch, movement, balance and of own well-being.



SOPHIA MUNDI Limited

A.B.N. 44 006 411 016

St Mary's Building

1 St Heliers Street Abbotsford 3067

For all enquiries and enrolment
information contact

Sophia Mundi Steiner School

T: 03 9419 9229

E: playgroup@sophiamundi.vic.edu.au

www.sophiamundi.vic.edu.au

Cottage Playgroup at Sophia Mundi

Cottage Playgroups are for parents and their babies and children from birth to three years old.

We provide an environment in which children can play, while facilitating mutual support and nurturing for parents.

Older siblings and grandparents are welcome visitors.

The program is held at Sophia Mundi Steiner School and run by an early childhood teacher with training and experience in Steiner education.



If a child in their play has been able to give up their whole living-being to the world around, they will be able, in the serious tasks of later life, to devote herself to the service of the world.

- Rudolf Steiner

What we do at Cottage Playgroup

We aim to provide a warm and beautiful space in which to welcome you. Our Cottage has many lovely toys made from natural materials and homely activities intersperse the morning as the children are at play.

Our morning has a healthy rhythm that stays the same all year round. The most important element is the space given for the children to play. During the morning we also gather together for a simple circle time which is followed by a provided morning snack and a cup of “rosy” tea.

As the children return to play the morning tea is cleared away in anticipation of a final gathering for some movement, songs and finger play. We close the morning with a story which is told with the use of handcrafted puppets.

Each term ends with a simple seasonal ‘festival’ where we enjoy a range of homemade food and a special craft activity for the family.

We like to encourage an environment where we all take responsibility for the well being of others in the group.

Please note that cameras and mobile phones are not to be used during the morning (except for in emergencies).

