Family Playgroups are for parents and their babies and children from birth to three years old. We provide an environment in which children can play, while facilitating mutual support and nurturing for parents.

Older siblings and grandparents are welcome visitors.

Playgroups are held in the Cottage at Sophia Mundi Steiner School and run by a Steiner trained leader.

If a child in her play has been able to give up her whole living-being to the world around, she will be able, in the serious tasks of later life, to devote herself to the service of the world.

Rudolf Steiner

What do we do at playgroup?

• We aim to provide a warm and beautiful space in which to welcome you.

• Our morning has a healthy rhythm that stays the same all year round. The most important element is the space given for the children to play. During the morning we gather together for a simple circle time which is followed by play. We close the morning with a provided morning snack and a cup of tea. The most important element in the space given to the children is the space given to the children.

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• Play the children.

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Our programs are based on the educational ideas of Rudolf Steiner.

- Honouring each phase of early childhood.
- Allowing development to take its natural course.
- Seeing imitation rather than direct instruction as the effective way to learn during early childhood.
- Seeing play as the child's natural and appropriate form of expression.
- Giving attention to healthy physical development as the main focus in the early years.
- Fostering healthy development of the senses: particularly senses of touch, movement, balance and of own well-being.

How to enrol

- Contact the school office for availability of places and to request an enrolment form.
- Fill in an enrolment form and return with application fee to school.
- The application fee is $30.
- Playgroups are held mornings for two hours. Morning sessions run from 9.15 – 11.20am. Families attend once a week.
- Playgroups are held in the Cottage at Sophia Mundi Steiner School, Abbotsford Convent, 1 St Heliers Abbotsford.
- Playgroup fees are $230 per term (incl GST), for one session per week. The full term’s fees is payable at the beginning of the term.